

A  
**LEADER**  
is  
someone who  
*Demonstrates*  
**WHAT'S**  
**POSSIBLE**



## *"Creating Inspirations out of Individuals..."*

Individuals today need much more than academic qualification to be successful in real life. Zenith school of Leadership focuses to prepare them the real world that encompasses high and low tides requiring them to be Courageous, intrinsically wise, emotionally strong, effective in Communication, spontaneous in Decision making, and resilient in Thought and Action.

In unison, all these attributes fall under the umbrella of a magical appendage of learning termed as Leadership & Life Management Skills.

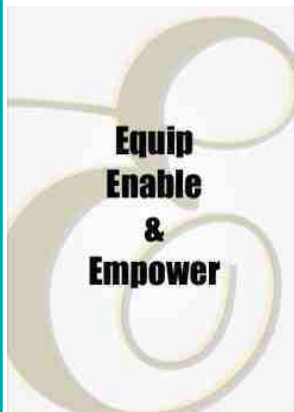
The curriculum is designed to take participants through a process of Self -Discovery and Self -Transformation.

Zenith School of Leadership under the aegis of Skills for Life Foundation boasts of credentials matched by no other organization in India that grooms Young people & Young adults to become ace divergent thinkers and future Global citizens.

With 10 years of Research & Development, the organization owns the most robust, advanced, customized, up to date curriculum on Leadership Training for Youth

### **PROGRAM OUTCOMES :**

#### **Equip Enable & Empower**



- Ability to critically analyze one's own Strengths and weakness in every area of life.
- Constructive Attitude, Innovative mind set and essential Life Management Skills.
- Transition from powerless to Powerful Emotional states with choice.
- Avant-Garde Collaborative & Communication Intelligence Skills.
- Skills and techniques to identify & negate limiting belief patterns and replace them with Empowering beliefs.
- Ingenious perspective to build functional and symbiotic relationships.
- Exemplary Interpersonal and conflict management Skills to rise above the ordinary conflicts, rage and discontent that fails achievers.
- Opportunity to participate in Community Outreach program, Internship & other Leadership roles to build a sound & impressive resume.

Positive Attitude

Stage presence

Mindful Attention

Resisting Peer Pressure

Social Behavior

Presentation Skills

Time Management

Self Awareness

Leadership Skills

Responsibility

Personal Grooming

Organizational Skills

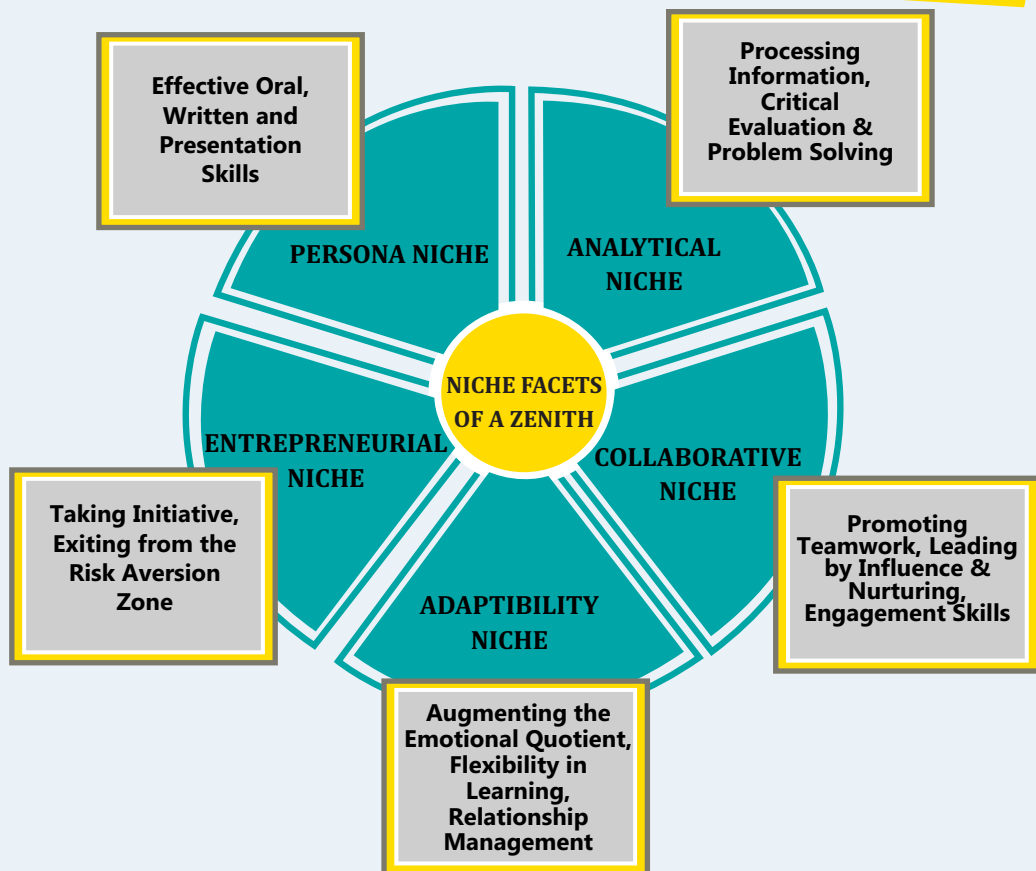
# NICHE FACETS OF A ZENITH



## Leadership Training for Youth

**Niche Facets when nurtured and developed with Strategic Intervention, define the infinite success and happiness every Individual deserves.**

**As per research, in terms of an Individual's performance, EQ is canvassed to be more crucial a skill than IQ. Unlike IQ, Emotional Intelligence can be cultivated and augmented with the right Training and practice.**



### Targeted vital Leadership Skills

- Constructive Attitude
- Presentation & Public Speaking
- Creative & Critical Thinking
- Responsibility
- Community Outreach
- Time Management
- Creative Leadership
- Conflict Management
- Self Belief
- Leadership roles
- Organizational Skills
- Communication Intelligence
- Emotional Intelligence
- Collaborative Skills
- Internship

Self Discipline

Courage

Personal Empowerment

Passion

Integrity

Self Control

Anger Management

Self Discipline

Responsibility

Self Awareness

Conflict Management

# Training Methodology



Stage presence    Emotional Competence    Self Confidence    Public Speaking    Trust & Understanding  
Time Management    Responsibility    Effective Communication    Mutual Respect    Relationships  
Personal Empowerment    Academic Excellence

# THE SIDDDMA PROCESS

Training effectiveness depends on how we plan and execute every minute of the training. SIDDDMA process has been developed with years of research and probe that guarantees 100% Training effectiveness and efficiency.

**Sharing.** Leadership and personal Empowerment can't be inculcated just by Listening. It's the opportunity to share one's experiences that help individuals to look through their limitations and perform better.

**Influx Activity.** Zenith does not believe merely in theoretical techniques. Learning are to be deciphered by the participants therefore every session includes an Influx activity to activate "The Thinking cells".

**Drilling Activity.** The Outcomes of the Influx activity is further reinforced before engaging the participants into discussion and debates.

**Deliberation.** The group reflects on the topic of the day and the derives learning & Purpose from the activities.

**Debriefing.** The most important aspect of the program where the topic is delivered through interesting & relevant techniques

**Monitoring.** Effective Engagement of the participants to ensure application of the takeaways in real life situations.

**Assignment.** No learning is complete without practice. Participants are engaged in interesting assignments that helps them open up, apply and practice Leadership and Life Management skills in their day to day life.

**SESSION  
EXECUTION PROCESS**  
Each session follows the Strategic intervention method and strictly adheres to the SIDDDMA Process

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Stage presence  
Time Management  
Personal Empowerment

Emotional Competence

Responsibility

Self Confidence

Effective Communication

Public Speaking

Mutual Respect

Trust & Understanding

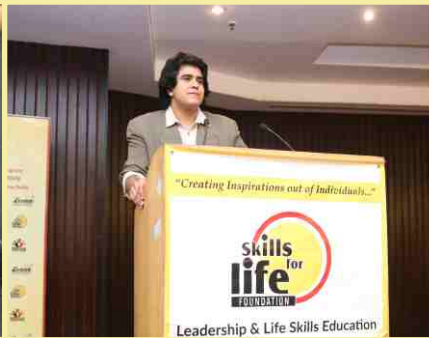
Relationships

Academic Excellence



*Gauge me by my ability to learn Everyday of my life...*

**...Leadership and Learning are indispensable  
to each other.**



*Gauge me by my smallest of achievements...*

**... Leadership is going Beyond Self,  
...to Make a Difference.**



*Gauge me by every moment I inspire you...*

**...The True Measure of Leadership is Influence,  
.. Nothing More, Nothing Less.**



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[www.Skills for Life Foundation.com](http://www.Skills for Life Foundation.com)

